

5372 '99 SEP 23 P2:05

Rm 2, Garden Room
214 Columbine Dr.
Bellingham, WA 98226
13 September 1999

FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, Maryland 20857

Re Sugar in Food

Dear Ms. Henney:

I am concerned that the consumption of added sugar has jumped 25% since 1984. It is squeezing healthy foods out of the diet and causing rampant obesity. As a member of the Center for Science in the Public Interest, I urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams and to require labels to disclose how much added sugar a food contains.

I read the labels on every item I buy which has one.

Sincerely,

Betty Gidlof

Ms. H. Betty Gidlof

EXECUTIVE SECRETARIAT

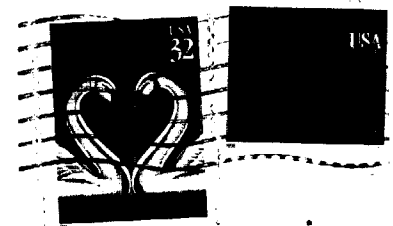
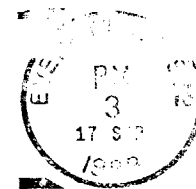
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Ms. H. Betty Gidlof
Rm. 2 Garden Room
Merrill Gardens
214 Columbine Dr.
Bellingham, WA.
98336



FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, Maryland
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